

SPRING STRAWBERRY SPINACH SALAD

Ingredients

- 1 bunch spinach, rinsed
- 10 large strawberries, sliced
- 1/2 cup white sugar
- 1 teaspoon salt
- 1/3 cup white wine vinegar
- 1 cup vegetable oil
- 1 tablespoon poppy seeds

Cooking Instructions

1. In a large bowl, mix the spinach and strawberries.
2. In a blender, place the sugar, salt, vinegar, and oil, and blend until smooth. Stir in the poppy seeds. Pour over the spinach and strawberries, and toss to coat.